

JANUARY EVENTS @ NOTEWORTHY CENTER

- **1/3 Guitar Lessons w/ Rob**
 - 6-7pm Private \$40/Group \$20 per p
- **1/3 Mental Wellness Meet-up FREE**
 - 6:30-7:30pm Topic: 2024 Vision Board
- **1/6 Moving Meditation Quad Event \$15**
 - 9am-12pm Host: Klarisse, Nella & Danni
- **1/6 Skate Albany Meet-up**
 - 12-3pm FREE
- **1/6 Wellness Workshop Tour**
 - 2-3pm Host: Nubia FREE
- **1/6 Intro to Tarot Workshop Series**
 - 3-5pm Host: Joseph FREE
- **1/8 Men's Mental Wellness Meet-up**
 - 6:30-7:30pm Host: John FREE
- **1/9 Dark Moon Grief Gathering FREE**
 - 7-8pm Host: Dandelion Collaborative
- **1/13 Community BIPOC Doula Meet-up**
 - 11am-12pm Host: Birthnet FREE
- **1/17 Guitar Lessons w/ Rob**
 - 6-7pm Private \$40/Group \$20 per p
- **1/16 A Mid-Winter Mental Wellness Check-In**
 - 6-7pm Host: Dandelion Collaborative & SoulSpaceAlchemy FREE
- **1/18 FastHappy Kickback 6-10pm**
 - \$10/door or \$5 w canned food donations
- **1/20 Saturday Morning Meditate & Journal**
 - 11am-12pm Host: Ashley Anne \$20
- **1/22 Men's Mental Wellness Meet-up**
 - 6:30-7:30pm Host: John FREE
- **1/29 Get Lit Book Club Meeting**
 - 6-7pm Host: Meaghan FREE
- **1/30 Breaking The Cycle Meet-up FREE**
 - 6:30-7:30pm Topic: New Intentions Virtual
- **1/31 Guitar Lessons w/ Rob**
 - 6-7pm Private \$40/Group \$20 per p



**Noteworthy
Center:**

930 Broadway
Albany, NY 12207
518-599-5454

**On-Street
Parking ONLY!!**

**Endure
Skatepark**

Mon-Friday
3-8:30pm

Sat & Sun
12-8:30pm

***Sign up to
attend events
on our website:***

NWRALBANY.ORG

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